Aberdeen

Safe Harbor

Crisis Line: 605,226,1212 or

1.888.290.2935

Brookings

Brookings Domestic Abuse Shelter

Crisis Line: 605.692.7233 or

1.888.643.5400

Burke

Gregory County Shelter

Business: 605.775.2220

Crisis Line: 1.800.658.3486

Chamberlain

Missouri Valley Crisis Center

Business: 605.234.5155

Crisis Line: 605.730.5155

Custer

Women Escaping A Violent Environment

(W.E.A.V.E)

Crisis Line: 605.673.4357 or

1.800.424.3574

Eagle Butte

Sacred Heart Center

Crisis Line: 605.964.7233 or

1.800.390.9298

Flandreau

Wholeness Center

Business: 605.997.3535

Crisis Line: 605.997.5594 or

1.866.643.3379

Fort Thompson

Wiconi Wawokiya, Inc

Crisis Line: 605.245.2471 or

1.800.723.3039

Huron

YWCA Family Violence Program

Business: 605.352.4952

Crisis Line: 605.461.9087

Jan Manolis Family Safe Center

Business: 605.554.0398

Crisis Line: 605.350.6663 or

605,350.6690

Lake Andes

Native American Community Board

Women's Lodge

Business: 605.487.7130

Crisis Line: 605.487.7130

Lemmon

Communities Against Violence and

Abuse (CAVA)

Business: 605.374.5823 Crisis Line: 605.244.7233

South Dakota Crisis Lines & Shelters

Madison

Domestic Violence Network of the Lakes

Region

Business: 605.427.7233

Crisis Line: 605.480.2721

Martin

Sacred Shawl Society

Crisis Line: 605.685.1168

McLaughlin

Pretty Bird Woman House

Office: 605.823.7233

Crisis Line: 605.823.7233

Mission

White Buffalo Calf Woman Society, Inc.

(MBCWS)

DV: 605.856.2317 SA:

605,828,0200

Mitchell

Mitchell Area Safe House

Business: 605.996.2765

Crisis Line: 605.996.4440 or

1.888.996.8909

Mobridge

Bridges Against Domestic Violence

Crisis Line: 605.845.2110

Pierre

Missouri Shores Domestic Violence

Business: 605.224.0256

Crisis Line: 605.224.7187

Pine Ridge

Oglala Sioux Tribe Victim Services

<u>Program</u>

Business: 605.867.1508

Crisis Line: 605.899.0084 or

605.899.0085

Rapid City

Working Against Violence Inc. (WAVI)

Business: 605.341.3292

DV: 605.341.4808

SA: 605.341.2046 or

1.888.716.9284

Redfield

Family Crisis Center, Inc.

Crisis Line: 605.472.0508

Sioux Falls

Children's Inn

Business: 605,338.0116

Crisis Line: 605.338.4880 or

1.888.378.7398

The Compass Center
Business; 605.339.0116
Crisis Line 605.274.1442 or
1.877.462.7474

Sisseton

Wacanga Inc. (Sweetgrass)

Business: 605.698.3510

Crisis Line: 605.698.4129 or

1.888.200.4492

Spearfish

Artemis House - Victims of Violence

Intervention

Crisis Line: 605.642.7825

or 1.800.999.2348

Sturgis

Crisis Intervention Shelter

Services, Inc. (CISS)

Crisis: 605.347.0050

Vermillion

Domestic Violence Safe Option

Services (DVSOS)

Crisis: 605.624.5311

Watertown

Beacon Center

Business: 605.886.4304

Crisis: 605.886.4300

Winner

Winner Resource Center for Familie

Crisis: 605,842,2736

Yankton

River City Domestic Violence Center

Business: 605.665.4811 Crisis: 605.665.1448

Additional Resources:

South Dakota Helpline Center

Crisis Line: 211 or 605.339.4357

Text zip code to 898211

Visit helplinecenter.org

National Domestic Violence Hotline

1.800.799.7233 (SAFE)

TTY: 1.800,787,3224

Videophone: 1.855.812.1001

Visit thehotline.org

National Sexual Assault Hotline

1.800.656.4673

Visit rainn.org

National Deaf Domestic Violence Hotline

Videophone:

(206) 812-1001

Tips for talking to a survivor

Here are some tips for talking to a survivor of sexual assault or domestic violence. These tips are meant to be a guide and should be used as such. Supportive reactions and compassionate listening is among the most helpful ways to support a survivor.

Common Phrases to Use:	Tł	nings to Consider:
I'm sorry this happened to you.		Listen to the survivor.
It's not your fault.		Keep opinions to yourself. Do
I believe you.		not be judgmental.
You have the right to feel		Survivors often blame themselves. Remind them
Do you need medical attention?		that they are not to blame.
Can we assist you in getting medical attention?		It can be difficult for survivors to come forward. They may feel ashamed or concerned that they won't be believed.
Confidentiality is important to us. We will continue to talk about this as we work with each other. Notes:		
		Survivors often feel many different emotions, and everyone reacts differently to trauma.
		Match the language they are using to describe the assault or violent incident.
		Many crisis agencies have advocates available to support a survivor following an assault.
		Reassure the individual that there are agencies available to help them. Offer information on the services.
		Give individuals options and encourage them to make decisions about next steps.
		Remind the survivor that services are free and confidential.
		Explain mandatory reporting requirements.
		Remind survivors that the healing process takes time.
		Being a support person can take a toll. While working with survivors, you may feel a range of emotions (disbelief, anger, sadness, anxiety or guilt). Reach out and talk to a colleague or another professional. Practice self-care

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Large print and electronic version of this document are also available.

South Dakota Agencies for People with Disabilities



http://www.sd-ccd.org

800.210.0143 or 605.945.2207

assists people with disabilities to connect with needed services and support others to better serve people with disabilities



www.csd.org

605,394.6864(V) or 605.496.0004 (VP)

serves and supports deaf and hard of hearing in reaching their life goals and supports others to better serve deaf and hard of hearing.



Transition Services Liaison Project

http://www.tslp.org

605.224.5336

assists students, families, schools and agencies supporting students transitioning from school to adulthood.



800,645.0673 or 605.394.6742

assists people with disabilities to identify technology that supports them reaching their life goals.



Department of Human Services

Division of Rehabilitation Services Division of Service to the Blind and Visually Impaired

http://dhs.sd.gov/drs

http://dhs.sd.gov/dsbvi

800.265.9679 or 605.367.5330 assists persons with disabilities working to reach their life employment and independent living goals.



http://www.drsd.com

800.658.4782 or 605,224.8294

provides protection and advocacy services to individuals with disabilities.



Department of Human ServicesDivision of Developmental Disabilities

http://dhs.sd.gov/dd

605,773,3438 or 800,265,9684

serves and supports persons with developmental disabilities to live and work in their communities.



http://www.sdparent.org

800.640.4553

connects families of children with disabilities and special needs (birth to 26) with needed information, services and supports.



Strong Families - South Daketa's Foundation and Our Fature

Seein Bakera Begarinest of Secial Services

Community Behavioral Health Services http://dss.sd.gov/behavioralhealth/community

605.773.3123

provides information on mental health services, qualified mental health professionals and more.



South Dakota Council on Developmental Disabilities

http://dhs.sd.gov/ddc

800.265.9684 or 605.773.6369

assists people with developmental disabilities and their families in living the lives they desire.



Center for Disabilities

www.usd.edu/cd

605.357.1439

works with others to create opportunities to enhance the lives of people with disabilities.



Department of Human Services
Division of Long Term Services and Supports

http://dhs.sd.gov/LTSS

605.773.3165

assists people over age 65 and over age 18 with physical disabilities through community based services.



tbame@tie.net

800.224.5336 or 605.224.6287

works with people with disabilities who want to learn about their disability benefits, and who are already working or are ready to enter the workforce; helps you learn about Medicare, Medicaid, reporting income and anything else related to working and managing your benefits.

Questions to Ask

Here are some sample questions that you can use to learn more about what services are available. Please don't feel limited to only asking these questions...these are only to get the conversation started.

Who...

- Who is eligible for your services?
- Who should I contact?

What...

- What type of services does your agency provide?
- What is the cost for services?
- What other agencies can you direct me to for more assistance?
- What information do I need to seek services?
- What sort of application do I need to complete?

When...

- When will services start?
- When will services end?

Where...

- Where are you located?
- Where do services take place...at an office, in my home, at your agency?

How...

- How long will it take for services to begin?
- How often do services take place...daily, weekly, monthly or as needed?

Use this log to document all contacts between you and any agencies. Your log should include telephone calls, messages, meetings, letters, and notes between you and agency staff.

Who did I talk with?	
When did we talk?	
What did I ask?	
What was I told?	
Additional Notes	
Who did I talk with?	
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